

**Nutritional Development Services**

Menu is subject to change, a fruit choice and a variety of low fat or skim milk is offered daily, additional cartons of milk can be purchased.

# October 2021

	Mon	Tue	Wed	Thu	Fri
				1	Haystacks Lettuce Cheese Corn
4	Chicken Tenders Tater Tots Salad	5 Tacos Lettuce & Cheese Tomato Refried Beans	6 Sub Sandwich Chips Cucumbers Tomato	7 Beef Stroganoff Over Noodles Dinner Roll Green Beans	8 Hamburger French Fries Cole Slaw
11	Pizza Salad Corn	12 Turkey A La King Biscuits Peas	13 Hot Dogs Mac Salad Baked Beans	14 Italian Dunkers Garlic Cheese Bread Salad	15 Sloppy Joes Tarter Tots Green Beans
18	Wild Rice Hotdish Dinner Roll Mixed Veggies	19 Chili Grilled Cheese Sandwich Salad	20 Hot Ham & Cheese Potato Wedges Green Beans	21 	22 
25	Corn Dogs Nachos & Cheese Baked Beans	26 Mac Hotdish Bread Stick Green Beans	27 Turkey Noodle Soup Bosco Sticks Carrot & Celery Sticks	28 Chicken Burger Curly Fries Cole Slaw	29 Walking Tacos Lettuce & Cheese Tomato Corn

Free/Reduced applications are available online and in the school office throughout the year. The district has changed from family accounts. If you have more than one child, please write a note in the memo or your check or include a note with your payment if you have special instructions about how much should be deposited in each child's account.