

OCTOBER 2023

Northland Community Schools

Menu is subject to change. A fruit choice and a variety of low fat or skim milk is offered daily. Additional cartons of milk can be purchased.

Monday	Tuesday	Wednesday	Thursday	Friday
2 Corn Dog Nachos & Cheese Baked Beans	3 Walking Tacos Lettuce, Tomatoes & Cheese Corn	4 Uncrustables Baby Carrots Chips	5 Pork Riblet On a Bun Fries Coleslaw	6 Spaghetti with Meat Sauce Garlic Breadstick Salad
9 NO SCHOOL	10 Chicken Alfredo Garlic Toast Broccoli	11 Quesadilla Salad Corn	12 Chicken Noodle Soup Turkey Sandwich Fresh Veggie Sticks	13 Tator Tot Hotdish Dinner Roll Green Beans
16 Chicken Tenders Mashed Potatoes Carrots	17 Tomato Soup Grilled Cheese Sandwich Salad	18 Hamburger Fries Coleslaw	19 NO SCHOOL	20 NO SCHOOL
23 Wild Rice Hotdish Dinner Roll Mixed Veggies	24 Chicken Burger Sweet Potato Fries Salad	25 Mac Hotdish Dinner Roll Green Beans	26 Hot Dogs Mac Salad Baked Beans	27 Sloppy Joes Tator Tots Fresh Veggie Sticks
30 Pizza Salad Corn	31 Haystacks Lettuce & Cheese Corn			

Our school offers healthy meals each day. Starting school year 2023-24, we are joining Minnesota's Free School Meals Program. All students can get one breakfast and one lunch free of charge each day at school. Although no application is required to receive this free meal benefit, filling out the Application for Educational Benefits is still important! Your child(ren) may qualify for other benefits like reduced fees at school. Your application may also help the school qualify for education funds, discounts, and other meal programs.